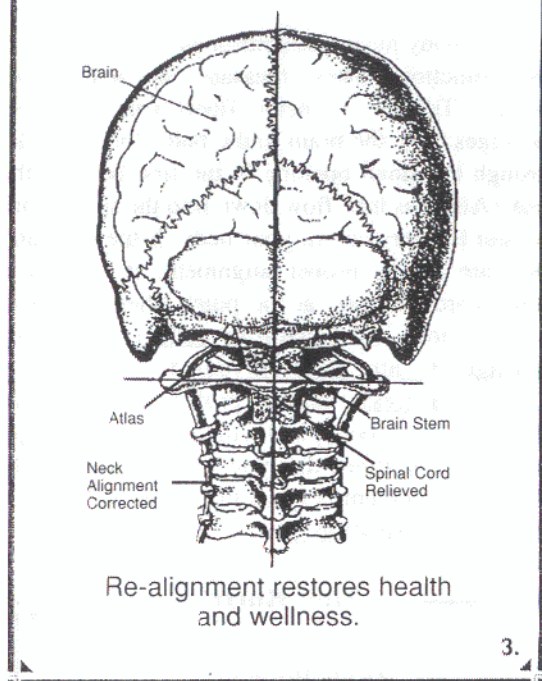


## This Is How You Fix It

### Body Balance



*When the atlas gets corrected,  
how does it feel?*

When an Upper Cervical Spinal Correction is made patients are often surprised how **“underwhelming”** it is. They often think the doctor has done nothing. Yet, immediately muscles relax. Blood and oxygen circulation increase. The immune system is enhanced, and the brain is able to communicate with the affected part of the body. The natural self-healing process begins and continues as long as body balance is maintained and the brain can freely communicate with the body. See Illustration 3.

There are less than 2000 chiropractors worldwide who are trained to do this procedure. Their primary objective is to make the Upper Cervical correction, then help you maintain it so you can live pain free and enjoy a better quality of life.

## By the way...

...the Upper Cervical procedure is not a treatment for any one condition. However, it restores body balance and removes spinal cord irritation. This reactivates normal transmission of brain messages to affected areas. When brain-to-body communication is restored throughout the body, self-healing begins. This is why we see so many different conditions responding to the same procedure.

### If You Would Like to Receive:

- A FREE booklet of information on the Upper Cervical procedure,
- A directory of the Upper Cervical doctors in your state,
- A list of audio and video tapes on the Louella Harris Story and Upper Cervical healthcare,

Call toll free:

**1-888-622-8221**

or

Visit our website at:

**[www.uppercervical.org](http://www.uppercervical.org)**

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Dr. Daniel O. Clark

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for Upper Cervical Care, Inc.

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Chiropractor

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*To make sick people well & keep the well from getting sick*

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## A Little Known Procedure Is About to Change...

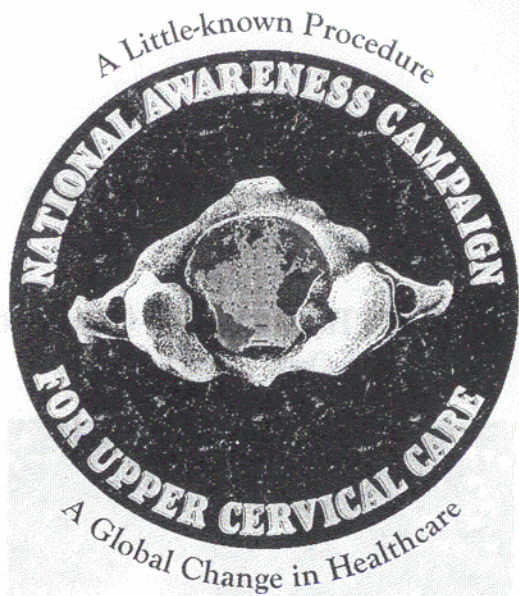
...How We Take Care of Ourselves  
and Our Children



Richard & Louella Harris & Their Miracle, Shannon

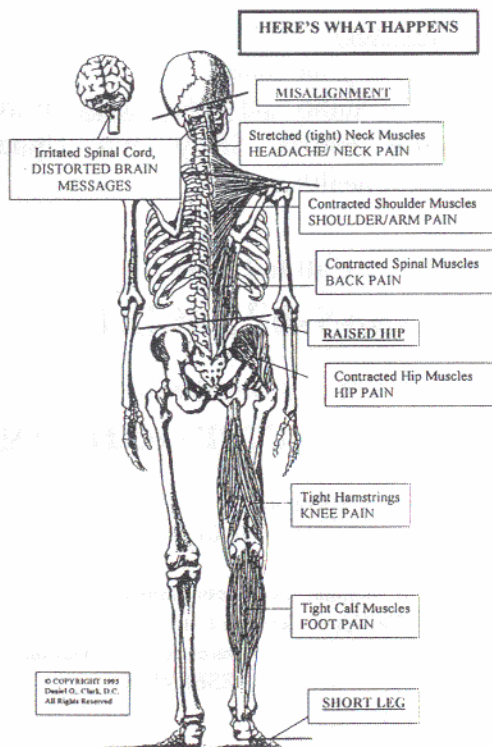
*She fought pain every day. He had to stand by and watch helplessly. Then they discovered a procedure that transformed their lives.*

If you are one of those  
people who...



## Did you know that...

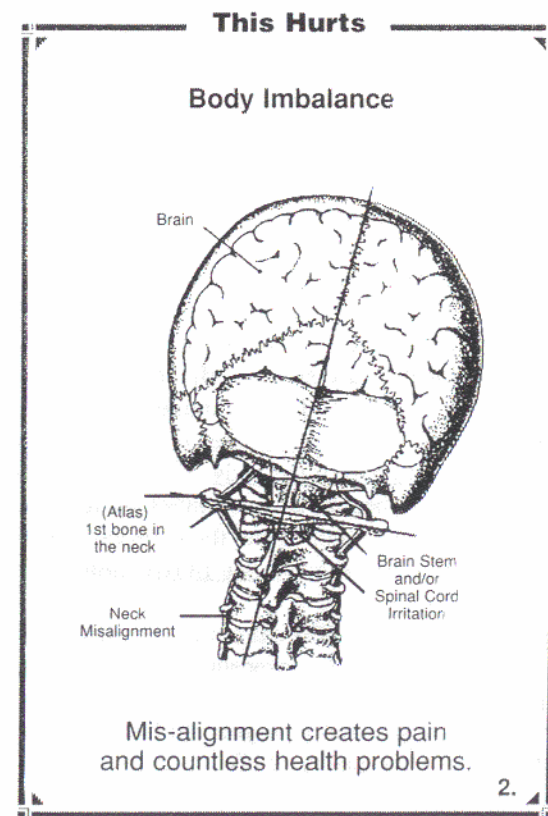
...your head (10-14 lbs.) rests on a 2 oz. bone called the atlas, which is the top bone in your neck? Wherever your atlas moves, your head moves with it. If this top bone in your neck has shifted out of position ever so slightly, **it can move your head off center**. In an effort to keep your head over the center of the neck, your spine and pelvis will twist, pulling one hip up and one leg with it. You are now walking around on one leg that is shorter than the other. See Illustration 1.



The wear and tear on your body is exactly like driving a car that is out of alignment. The result can be muscle and joint pain anywhere in the body. Without correcting the problem, which originated with a single bone (Atlas) at the top of your neck moving out of position, your entire body is now imbalanced.

*Body imbalance is only the beginning of the problem. Here's why:*

Brain to body messages control and maintain **ALL** body functions. These messages are a must for healing. Trillions of nerve fibers carrying these messages from the brain to the body "bottle-neck" through the small opening in the first bone in the neck (Atlas) as they flow down into the spinal cord and out to every cell in your body. If the head and neck are not in proper alignment, it can cause spinal cord irritation at the point where the head and neck join, and **disrupt or distort vital brain messages to any part of your body**. This can cause countless health problems and pain anywhere in the body, including organ dysfunction and other conditions that you would not normally relate to a problem originating in the top of your neck. See Illustration 2.



- ...has tried everything and the pain just gets worse.
- ...has been told by one doctor after another that nothing can be done.
- ...wonders how much longer you'll be able to work if the problem continues...

...then here's a  
**Special Health Report**  
for you!!